

# FLORIDA FREESTYLE SYMPOSIUM MARCH 16-19, 2012

## SCHEDULE

### Friday, March 16

8:30 AM Instructor First Aid/CPR

*Participants should have had breakfast **before** they arrive.*

*Bring lunch and snacks or be prepared to go out for fast food for lunch. No meals provided until dinner.*

4:00 PM Registration, Free Paddle on ponds  
6:00 PM Dinner  
7:00 PM Orientation meeting, schedule of events  
7:30 PM Instructor meeting  
8:00 PM Freestyle Board Meeting

### Saturday, March 17

7:30-8:15 AM Breakfast & assignments  
8:30 AM Get Gear and meet at the ponds  
8:45 AM Safety Talk  
9:00-12:00 Class Session 1  
12:00-12:30 Lunch  
1:00-4:00 PM Special Topics  
4:30-6:00 PM Giant Slalom Competition  
6:30 PM Supper and Announcements  
8:00 PM Chalk Talk - Boat/Paddle Physics by Tom Mackenzie

### Sunday, March 18

7:30-8:15 AM Breakfast  
8:30- 11:30 AM Class Session 2  
12:00-12:30 PM Lunch, announcements  
1:00-4:00 PM Special Topics  
5:00-6:00 PM FreeStyle Exhibition  
6:30 PM Supper and Announcements  
8:00 PM Campfire, Jam Session, Social (Bring instruments)  
8:00 PM Judging and Competition Seminar

### Monday March 19

7:30-8:15 AM Breakfast  
8:30-11:30 AM Class Session 3  
12:00-12:30 PM Lunch, announcements  
12:30 Turn in evaluations and load gear

Checkout from the campus is by 2:00 PM unless you have registered to stay over Monday night.

#### What to bring

- Canoe and paddles
- PFD (must wear)
- Kneeling Pad
- Towels and personal toiletries
- Unfitted linens, pillow, blanket for bunk bed
- Eating Utensils; plate, bowl, cup
- Mosquito repellent
- Flashlight
- Camp Chair (optional)
- Clothing for any weather
- Sunscreen
- Water bottle

**Emergency Numbers: Marc's Cell 585 698-5773  
Florida State College, Betty P Nassau Center 904 548-4400**